

# Southlake Carroll Target Team

## Registration Reminders

Questions: [membership@SLCTargetTeam.com](mailto:membership@SLCTargetTeam.com)



Register September 1 – September 17:  
[SLCTargetTeam.com](http://SLCTargetTeam.com)

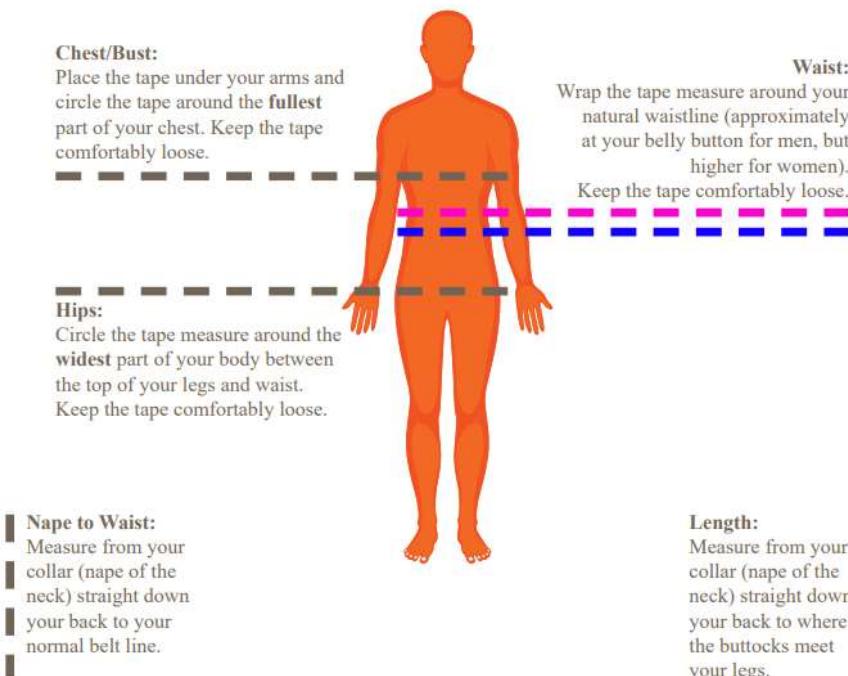
### Measuring for your vest

If between sizes, order the larger size. (This allows a little room for winter clothing and growth.) If your measurements are far off from the standard sizes, custom-sized vests are available.

If you don't know your measurements, they are easy to determine with a flexible tape measure. The only way to accurately take measurements of your body is to have someone else take the measurements for you. When taking measurements, keep the tape measure comfortably loose.

**Chest/Bust:**  
Place the tape under your arms and circle the tape around the **fullest** part of your chest. Keep the tape comfortably loose.

**Hips:**  
Circle the tape measure around the **widest** part of your body between the top of your legs and waist. Keep the tape comfortably loose.



### Standard sizes:

#### Men's Sizes

	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
Chest	37	39	42	44	46	50	54	58	62	66	70
Waist	36	38	40	42	45	49	53	57	61	65	69
Hips	40	42	45	47	49	53	57	61	65	69	73
Length	30	32	33	33	34	34	34	35	35	35	35

#### Women's Sizes

	P	S	M	L	XL	2XL	3XL	4XL			
Chest	38	40	42	45	48	51	54	58			
Waist	34	36	38	40	43	46	49	52			
Hips	40	43	45	48	51	54	57	60			
Length	28	30	31	32	33	33	33	33			

More vest info: [stmgear.com](http://stmgear.com)